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3735 Placer Corporate Dr, Rocklin, CA 95765 (916) 626-3017  
<http://mysoulcare.com/>

**Due to state & local government budget cuts, call or visit websites for current program availability.**



# Emergency Housing and Shelters

## **Travelers Aid – Emergency Assistance Agency**

(916) 399-9646

Sacramento only – provides transitional housing, emergency motel vouchers, rental assistance, utility help, and case management. (Travelers Aid Society of Sacramento)

## **Francis House**

1422 C St

Sacramento, CA 95814

(916) 443-2646

Provides emergency shelter for families with children and motel vouchers.

<http://francishousecenter.org/>

## **Home Start**

410 Riverside Ave

Roseville, CA 95678

(916) 782-6667

Transitions homeless families into affordable, permanent housing and self-sufficiency through a system of housing and support services.

<http://rosevillehomestart.org/>

## **The Gathering Inn**

201 Berkeley Ave

Roseville, CA 95678

(916) 791-9355

Overnight accommodation, supper, and hospitality to homeless people.

<http://thegatheringinn.com>

## **The Lazarus Project**

P.O. Box 1241

Roseville, Ca 95678

(916) 772-6833

Primarily serves single homeless people in Placer County. Provides people with a secure environment, as well as the tools and resources needed to help them ease back into society as working, self-sufficient individuals.

<http://www.lazarusprojectinc.org>

## **Hope, Help, and Healing**

11960 Heritage Oak Pl, #20

Auburn, CA 95603

(530) 885-4249

Faith-based, sober living environment facilities provide for the rehabilitation of men and women struggling with substance abuse and life recovery problems.

<http://www.irecover.org/>

## **Powerhouse Ministries Drop In Center**

311 Market St Folsom,

CA 95630 (916) 983-

0658 Ext. 204

Immediate health, rental, or utility assistance for Folsom and Orangevale residents.

<http://www.phmfolsom.org/web/drop-in-center/>

## Emergency Housing and Shelters Continued....

### **Acres of Hope**

13675 Bowman Rd  
Auburn, CA 95603  
(530) 878-8030

Faith based, long term housing program providing hope and opportunity for at-risk women with children.  
<http://acresofhopeonline.org/>

### **Union Gospel Mission**

400 Bannon St  
Sacramento, CA 95814  
(916) 447-3268

Provides meals, and distributes clothing, toiletries, and food boxes. Also provides 9-month intensive in-house drug and alcohol rehabilitation program for men.

<http://www.ugmsac.com/>

### **American Red Cross**

Capital Region Chapter  
1565 Exposition Blvd  
Sacramento, CA 95815  
916-993-7070

Disaster recovery assistance following emergencies, small or large.

<http://www.redcross.org/ca/sacramento>

### **Salvation Army**

Family Services/Shelter Services  
4350 Raley Blvd, #200  
Sacramento, CA 95838  
(916) 442-0331

### **St. John's Shelter for Women and Children**

4410 Power Inn Rd  
Sacramento, CA 95826 (New shelter under construction in 2013)  
(916) 453-1482

Emergency shelter and supportive services for homeless women and children (male children up to age of 14).

<http://stjohnsshelter.org/>

### **Sacramento Area Emergency Housing Center**

SAEHC Administrative Office  
2411 Alhambra Blvd, Ste 110  
Sacramento, CA 95817  
(916) 454-2120

<http://www.saehc.org>

(916) 455-2160 – Family Shelter Program and Women's Refuge Program

(916) 457-5760 – Housing Relocation and Aftercare Program

(916) 453-2900 – Transitional Housing Program for Families

(916) 228-3100 – Mather Community Campus

### **Loaves & Fishes**

1321 North C St  
Sacramento, CA 95812  
(916) 446-0874

Variety of programs for the homeless.

<http://www.sacloaves.org/>

## Emergency Housing and Shelters Continued....

### **Department of Human Assistance, Sacramento County**

(916) 874-3100

Programs and services designed to move people from public assistance to independence. Housing situations and shelters.

<http://www.dha.saccounty.net>

### **Sacramento Self Help Housing**

PO Box 188445

Sacramento, CA 95818

(916) 341-0593

Assists the homeless to find and retain stable and affordable housing.

<http://sacselfhelp.org/>

# Housing Assistance and Affordable Housing

## **Project Go, Inc. – Low Income Housing Tax Credit (LIHTC)**

Project Go, Inc. communities are newly constructed or substantially renovated, and are available to individuals and families at affordable rates, generally lower than the market rate. Qualified residents are eligible under Section 42 guidelines based upon total household income. Qualification for a Section 42 community apartment is determined by the Department of Housing and Urban Development (HUD). (See <http://projectgoinc.org> for more information)

## **Housing Choice Voucher Program**

These vouchers are awarded to individuals who meet certain income and earned income requirements. The goal of this program is to provide affordable low cost housing to low income occupants. **As of 4/2013, both entities listed below are not accepting applications and their wait lists are closed, but call or visit their websites to obtain an updated status.**

Placer County Housing Authority  
1152 B Ave, Auburn, CA 95603  
(530) 889-7610

[http://www.placer.ca.gov/Departments/hhs/public\\_assistance/HousingVoucherProgram.aspx](http://www.placer.ca.gov/Departments/hhs/public_assistance/HousingVoucherProgram.aspx)

Sacramento Housing and Redevelopment Agency  
630 I St, Sacramento, CA 95814  
(916) 440-1390

<http://www.shra.org/ApplyforHousing.aspx>

## **Low Cost Housing Resources for Roseville:**

The Roseville Housing Authority offers a list of below market rent/low income apartments in their office at 311 Vernon St, Roseville, CA 95678 or call: (916) 774-5270 or access the information online:

[http://www.roseville.ca.us/housing/affordable\\_rental.asp](http://www.roseville.ca.us/housing/affordable_rental.asp)

Current 2/26/13

## **County of Placer First Time Home Buyer's Assistance Program**

Placer County Planning Services Division  
(530) 745-3170

## **The Home Loan Counseling Center of Sacramento**

Foreclosure Prevention Program  
1800 Tribute Rd, Ste 150  
Sacramento, CA 95815  
(916) 646-2005

## **NeighborWorks@Sacramento**

2400 Alhambra Blvd  
Sacramento, CA 95817  
(916) 452-5356

# Utility Payment Assistance

## **Project Go, Inc.**

1-888-524-5705 (Placer County residents)

Offers income-eligible residents a credit to their utility bill.

<http://projectgoinc.org/>

## **Community Resource Project, Inc.**

(916) 567-5200 (Sacramento County residents)

Offers income-eligible residents a credit to their utility bill.

<http://www.cresource.org/>

## **Pacific Gas and Electric Company**

CARE Program

P. O. Box 7979

San Francisco, CA 94120-7979

1-800-743-5000

Provides a monthly discount on energy bills for income-qualified households. Qualifications are based on the number of persons living in your home and your total annual household income.

<http://www.pge.com/en/myhome/customerservice/financialassistance/care/singlefamily/index.page>

## **Salvation Army Utility Assistance**

REACH (Relief for Energy Assistance through Community Help)

1-800-933-9677

Offers PG&E utility bill assistance when funds are available.

<http://www.pge.com/about/community/vitality/energyassistance/>

## **City of Roseville Utility Assistance Program**

(916) 774-5300

Roseville residents meeting certain income criteria may be eligible for a 15% discount on electric service.

[http://www.roseville.ca.us/gov/finance/utility\\_billing/assistance\\_programs.asp](http://www.roseville.ca.us/gov/finance/utility_billing/assistance_programs.asp)

## **SMUD Utility Assistance**

1-888-742-SMUD (7683)

The Energy Assistance Program Rate (EAPR) offers our eligible low-income customers a discount of about 30 percent on monthly energy costs.

<https://www.smud.org/en/residential/customer-service/rate-information/low-income-assistance.htm>

# Welfare/General Assistance

## General Relief/General Assistance

Both Placer and Sacramento counties operate cash aid programs that provide assistance to eligible adult residents. The programs are intended to provide short term assistance that will enable individuals to become self supporting, or to obtain support from another source.

Both counties operate other programs, some of which are listed below, to provide resources to meet basic needs of food, clothing, shelter, and medical care, when such persons are not supported by their own means, by their relatives or friends, or by other public or private institutions.

## Examples of public assistance programs you may apply for:

- General Relief/Assistance
- Cal Fresh (formerly Food Stamps)
- Housing Choice Voucher Program
- Medi-Cal health insurance
- Medical Care Services Program (MCSP)
- Cal Works
- Temporary Assistance for Needy Families (TANF)

## How to apply for cash aid:

Call one of following offices to find a location near you:

### Placer County

Health & Human Services  
(916) 784-6000  
(530) 889-7610

### Sacramento County

Human Services  
(916) 874-3100

## California Work Opportunity and Responsibility to Kids (CalWorks)

Welfare program gives cash aid and services to eligible needy California families. Needy families may apply at any welfare office located in the county where they live.

<http://www.cdss.ca.gov/calworks/>

## CalWorks Welfare to Work Program

Contact the local county welfare department to find the nearest welfare to work office.

<http://www.cdss.ca.gov/cdssweb/PG141.htm>



# Food Served

## **Salvation Army**

100 Lincoln Street  
Roseville, CA 95678  
(916) 784-3382  
Fridays – Lunch at 11 a.m.  
Saturdays – Breakfast at 9 a.m.

## **St. Vincent de Paul**

503 Giuseppe Ct, #8  
Roseville, CA 95678  
(916) 781-3303  
Mon – Fri @ noon

## Food Banks – Placer County

### **Placer Food Bank (Main office)** (Distribution sites listed below)

8284 Industrial Ave  
Roseville, CA 95678  
(916) 783-0481  
<http://placerfoodbank.org/assistance.shtml>

Bring valid picture ID for all persons over 18 years old and social security cards for all family members, along with proof of income (pay stub, bank statement, etc.), and verification of address (rent receipt, rental agreement or utility bill in your name) to any of the following distribution sites to receive a bag of food every 30 days:

### **Salvation Army**

100 Lincoln St  
Roseville, CA 95678  
Monday, Wednesday or Thursday 9 – 11:30

### **Harvest Community**

1376 Blue Oaks Blvd  
Roseville, CA 95678  
(916) 771-4781  
Tuesday 4:30 – 5:30

### **St. Vincent De Paul**

503 Giuseppe Court  
Roseville, Ca 95678  
(916) 781-3303  
Tuesday - Saturday 9 – 11

### **Salt Mine Food Closet**

590 G St  
Lincoln, CA 95648  
(916) 645-3778  
Tuesday - Friday 10 – 12

### **Bridgeway Bounty Food Closet**

Located in the Soul Care Office of  
Bridgeway Christian Church  
3735 Placer Corporate Dr  
Rocklin, CA 95765  
(916) 705-0615  
Thursday – 10-12

# Food Banks – Sacramento County

## **Salvation Army Family Services - Sacramento**

4350 Raley Blvd, Ste 200

Sacramento, CA 95838

(916) 678-4010

Tuesday, Wednesday & Thursday 9 – 3:30

Bring valid picture ID for all persons over 18 years old and social security cards for all family members, along with proof of income (pay stub, bank statement, etc.), and verification of address (rent receipt, rental agreement or utility bill in your name) to receive a box of food 6 times per year with 30-day waiting period between boxes.

<http://www.tsatoday.org>

## **Sacramento Food Bank & Family Services**

3333 Third Ave

Sacramento, CA 95817

(916) 456-1980

Must show picture ID with specified zip code. (Check for times and locations, which vary month to month.)

<http://www.sfbs.org>

## **Central Downtown Food Basket – St. John’s Lutheran Church**

1701 L Street

Sacramento, CA 95811

(916) 761-5624

3 Thursdays a month 10 – 12 p.m.

Bagged groceries, warm clothing, hygiene products, special dietary foods.

<http://www.cdfb.org>

## **St. Matthew’s Episcopal Church**

2300 Edison Ave.

Sacramento, CA 95821

(916) 927-0115

Tuesdays & Thursdays 10-11:30 a.m.

Must show picture ID with specified zip code; serves 95815, 95821, 95608, and 95660

<http://www.stmatthewschurchsacramento.org/>

## **River City Food Bank (for Sacramento County residents only with income at or below poverty level)**

1800 – 28<sup>th</sup> St

Sacramento, CA 95816

(916) 446-2627

Three-day food supply once a month; baby food and non-food items for babies available.

<http://www.rivercityfoodbank.org/>

## **95608, 95610, 95621, 95660, 95821, 95825, 95841, 95842, 95843**

### **Carmichael Presbyterian Church Food Closet**

5645 Marconi Ave

Carmichael, CA 95608

(916) 483-9232

Order food Monday – Friday, 10 – 12, for pickup between 2 and 3 p.m. same day.

Must show picture ID with specified zip code.

**Food Banks – Sacramento County Continued ....**

**95660, 95842, 95843**

**North Highlands Christian Food Ministry**

6125 Watt Ave  
North Highlands, CA 95660  
(916) 331-1510  
Monday, Tuesday, Wednesday 9:30 – 12  
Must show picture ID with specified zip code.

**95662**

**Orangevale Food Bank**

6483 Main Ave  
Orangevale, CA 95662  
(916) 304-FOOD [3663]  
Thursdays 9 – 12:30 p.m.  
Must show picture ID with specified zip code.  
<http://www.orangevalefoodbank.org>

**95673, 95626, 95838**

**Our Lady of Lourdes Church – Feed the Hungry Program**

1951 North Ave  
Sacramento, CA 95838  
(916) 925-5313  
Tuesdays 11 – 12 noon  
Must show picture ID with specified zip code.

**95822, 95823, 95824, 95826, 95828, 95831, 95832**

**South Sacramento Interfaith Partnership Food Closet**

5625 – 24<sup>th</sup> Ave  
Sacramento, CA 95822  
(916) 428-5290  
Monday – Friday 9 – 11:30 a.m.  
Must show picture ID with specified zip code.

**95825, 95864**

**Sierra Arden Food Closet**

890 Morse Ave. Sacramento, Ca 95864  
(916) 483-1942  
Tuesday- Friday 10 – 11:45 a.m.  
Must show picture ID with specified zip code.

**95610, 95621, 95628**

**Sunrise Christian Food Ministry**

5901 San Juan Ave. Citrus Heights, CA 95621  
(916) 965-5431  
Monday- Friday 11:30 – 3 p.m. Must show picture ID with specified zip code.

**Additional Resource  
for Sacramento County Residents Only:**

**Dial 2-1-1**

Simply dial 2-1-1 from a Sacramento based phone number to be connected with a live operator who can help you find food, clothing, and other resources in Sacramento. See p. 14 for more details.

## Roseville Food-Mobile Vans

**What Would Jesus Do? Inc.**

503 Giuseppe Ct, Ste #3  
 Roseville, CA 95678  
 (916) 786-9953

A mobile ministry that provides breakfast and an additional meal for the day to the homeless.

Monday	First United Methodist Church 109 Washington Blvd	8 – 9 a.m.
Tuesday	Saugstad Park 100 Buljan Dr & Douglas Blvd	8:30 – 9:30 a.m.
Wednesday	First United Methodist Church 109 Washington Blvd	8 – 9 a.m.
Wednesday Clinic	St. Vincent De Paul 503 Giuseppe CT, #8	Clinic @ SVDP – Mornings
Thursday	Saugstad Park 100 Buljan Dr & Douglas Blvd	8:30 – 9:30 a.m.
Friday	Salvation Army 100 Lincoln St	8:30 – 9:30 a.m.
Sunday	Saugstad Park 100 Buljan Dr & Douglas Blvd	8:30 – 9:30 a.m.

## Sacramento County Meal for the Homeless

**Alongside Ministry – Meal for the Homeless – Sponsored by Bridgeway Christian Church, Rocklin**

Natomas Oak Park  
 2230 River Plaza Dr off the Garden Highway, Sacramento  
 12- 4 p.m. every 4<sup>th</sup> Sunday  
 (916) 258-2110

# Clothing Resources

## **The Gathering Inn**

201 Berkeley Ave  
Roseville, CA 95678  
(916) 791-9355

Provides free clothing to anyone in need.

<http://thegatheringinn.com>

## **Sacramento Food Bank & Family Services**

3333 Third Avenue  
Sacramento, CA 95817  
(916) 456-1980

For **Sacramento County Residents Only**, distributes donated men's, women's and children's clothing items at no charge to families in need. Clothing articles include suits for interviews, school uniforms and seasonal weather attire.

<http://www.sfbs.org/programs/clothing.html>

## **San Juan Unified School District Clothes Closet**

7200 Fair Oaks Blvd, Ste #100  
Carmichael, CA 95608  
(916) 971-7643

Clothes for students of the San Juan Unified School District; by appointment and school counselor referral only.

## **Orangevale 7<sup>th</sup> Day Adventist Church**

5810 Pecan Ave  
Orangevale, CA 95662  
(916) 967-2838

For residents of zip code 95662 only.

## **Adventure Christian Church – Baby Boutique**

6401 Stanford Ranch Rd  
Roseville, CA 95678  
(916) 771-5683

Provides expectant mothers and young families with gently used clothing and baby supplies through a quarterly outreach ministry.

<http://adventurechurch.org/localoutreach/baby-boutique/>

## **ALSO:**

Clothes closets with clothes appropriate for job interviews are located at Welfare to Work career centers throughout the area for Welfare to Work participants. See page 7.

# Furniture Resources

## **St. Vincent De Paul Thrift Stores**

Free furniture: Eligibility is based on a family crisis or verifiable information.

503 Giuseppe Court  
Roseville, CA 95678  
(916) 781-3303

1000 Melody Ln, Ste 109  
Roseville, CA 95678  
(916) 781-5434

2275 Watt Ave  
Sacramento, CA 95825  
(916) 972-1212

## **Our Lady of Lourdes**

1951 North Ave  
Sacramento, CA 95838  
(916) 925-5313  
Call first for furniture vouchers.

## **Craigslist**

[www.craigslist.org](http://www.craigslist.org)

The site will direct you to "Free Stuff" including bedroom furniture, living room furniture, kids furniture, and misc. household items.

## **SN&R (Sacramento News & Review)**

<http://sacramento.newsreview.com>

This site will direct you to "Free Stuff". Use their search box and enter key words such as bedroom furniture, living room furniture, bed, couch, etc.

## **South Placer Benevolence Foundation**

916-316-3307

Free Furniture: Depending on availability



# **Sacramento County Residents**

## **“Info Line” – Dial 2-1-1**

Or 916- 498-1000

24 hours, seven days a week

Info Line Sacramento is a FREE, multilingual, comprehensive telephone information and referral service

- Single room occupancy hotels
- Emergency shelters
- Emergency meals
- Food closets
- Health Care
- Transportation options
- Job lines
- Affordable rental housing
- Senior housing, and in home care information
- Thrift stores
- Legal and financial assistance
- Flu Shots
- Shots for tots
- Home purchase programs
- Respite care
- And much more!!

**211 community service call directory was proposed for Placer County in 2012; try dialing from Placer County phones in the future.**





# Medical Insurance, Clinics, and Transportation

## Insurance

### **InsureKidsNow.gov – Connecting Kids to Coverage**

1-877-Kids-Now (1-877-543-7669)

## Free Clinics

### **Community Health Clinic at The Gathering Inn**

201 Berkeley Ave

Roseville, CA 95678

(916) 791-9355

Free triage medical care for people without insurance.

### **Folsom Family Clinic**

105 Dean Way

Folsom, CA 95630

(916) 983-3658

Serves under insured families in Folsom

### **Mercy Clinic – Loaves and Fishes**

1321 North C St

Sacramento CA 95814

(916) 446-3345

This location includes TB testing for shelter placement and medical services for the homeless who do not have medical insurance.

### **County of Sacramento Primary Care Center**

4600 Broadway

Sacramento, CA 95820

(916) 874-9823

Not a walk in clinic – must fill out eligibility paperwork available in office before being seen.

## Low Cost/Sliding Scale Clinics

### **Placer County Medical Clinic – Roseville**

1130 Conroy Ln, Ste 402

Roseville, CA 95661

(916) 784-6444

### **Placer County Medical Clinic – Auburn**

De Witt Center

11583 C Ave

Auburn, CA 95603

(530) 889-7215

### **Placer County CHDP – Child Health & Disability Prevention Program**

11484 B Ave

Auburn, CA 95603

(530) 886-3620

## Medical Insurance, Clinics, and Transportation Continued....

### **WellSpace Health Multi-Service Center**

6015 Watt Ave, Ste 2  
North Highlands, CA 95600  
(916) 679-3925

<http://well-space-health.net/index.htm>

### **The Effort – J Street Community Health Center**

1820 J Street  
Sacramento, CA 95811  
(916) 313-8400

[http://well-space-health.net/loc\\_j\\_street.htm](http://well-space-health.net/loc_j_street.htm)

### **Placer County Adult System of Care Department of Health and Human Services**

3091 County Center Dr. #290  
Auburn, CA 95603  
(530) 886-1870

<http://www.placer.ca.gov/Departments/hhs.aspx>

### **Chapa-De Indian Health Program, Inc.**

11670 Atwood Rd  
Auburn, CA 95603  
(530) 887-2800

Most services are provided at no charge to verified Native Americans.

<http://www.chapa-de.org/>

Sutter Children's Center  
Sutter Memorial Hospital  
5151 F St

Sacramento, CA 95819  
(916) 454-3333

<http://www.checksutterfirst.org/children/services/>

## **Medical Transportation**

### **Placer County Dial-A-Ride**

(916) 745-7560 or (530) 745-7560

DAR services are open to the general public with discount fares available to seniors, persons with disabilities, and ADA-certified passengers.

<http://www.placer.ca.gov/Departments/Works/Transit/PCT/dialride.aspx>

### **Paratransit, Inc. – serving Sacramento County**

(916) 429-2744

<http://www.paratransit.org/>

### **Health Express – Seniors First**

1-800-878-9222

Door-to-door transportation service for residents of Western Placer County to and from their non-emergency medical appointments.

<http://seniorsfirst.org/health-express/>

# Dental Care

## **California Medi-Cal Dental Program**

Denti-Cal Provider Information

1-800-322-6384

<http://www.denti-cal.ca.gov>

## **Adult Dental Care – Sacramento/Placer County residents**

Carrington College

8909 Folsom Blvd

Sacramento, CA 95826

(916) 361-1660 – Call for appointment

Free dental hygiene services and X-rays for needy adults.

## **Sacramento City College Dental Hygiene Clinic**

3835 Freeport Blvd, Roddah Hall

Sacramento, CA 95822

(916) 558-2303

Low-cost dental hygiene services for children and adults. Call for appointment; cash only.

## **Wind Youth Services**

701 Dixieanne Ave

Sacramento, CA 95815

(916) 561-4900

Provides dental treatment resources for Sacramento homeless youth who do not have dental insurance.

<http://windyouth.org/>

## **WellSpace Health Multi-Service Center**

6015 Watt Ave, Ste 2

North Highlands, CA 95600

(916) 679-3925

Offers dental care to infants, children, and adolescents at a reduced cost to those without insurance. Helps with enrollment in Denti-Cal, Healthy Families, Healthy Kids, or other programs that can cover services.

[http://www.wellspacehealth.org/dental\\_care.htm](http://www.wellspacehealth.org/dental_care.htm)

## **State of California, Department of Health Care Services**

**Denti – Cal**

1-800-322-6384

<http://www.denti-cal.ca.gov/WSI/Bene.jsp?fname=ProvReferral>

# Child and Family Assistance – Childcare, Healthcare, & Education

24 hour Parent Support Line 1-888-281-3000

**North Crisis Nursery**  
4533 Pasadena Ave  
Sacramento, CA 95821  
(916) 679-3600

**Children’s Crisis Nursery**  
6699 South Land Park Dr  
Sacramento, CA 95831  
(916) 394-2000

Temporary shelters for children whose parents are in crisis

[www.kidshome.org](http://www.kidshome.org)

**North Sacramento –  
Saca Community Learning Center**  
2469 Rio Linda Blvd  
Sacramento, CA 95815  
(916) 648-8729

**Sacramento Food Bank & Family Services  
Parent Education – Oak Park**  
3333 Third Ave  
Sacramento, CA 95817  
(916) 456-1980

After completion of each parenting course, parents will earn credits for diapers, formula, baby food, clothing and additional items. Open to expectant parents, parents or legal guardians with children 0-5 years old in Sacramento County. Centers also offer additional resources and assistance, including GED and computer lab, with on-site play-care provided while parent is being served.

[www.sacramentofoodbank.org](http://www.sacramentofoodbank.org)

**KidsFirst Roseville**  
124 Main Street  
Roseville, CA 95678  
(916) 774- 6802

**KidsFirstCitrus Heights**  
6939 Sunrise Blvd, #227  
Citrus Heights, CA 95610  
(916) 705-7378

**KidsFirst Auburn**  
11990 Heritage Oak Pl, Ste 1B  
Auburn, CA 95603  
(530) 887-3536

Intervention and treatment services for children and families.

<http://kidsfirstnow.org/>

## **Postpartum Support International**

California State Co-Coordinator: Catherine O’Brien, LMFT  
Sacramento County Area  
(916) 718-9501

Helps women suffering from perinatal mood and anxiety disorders, including postpartum depression.

<http://postpartum.net/>

## **Child Medical Care Placer County CHDP**

11484 B Ave  
Auburn, CA 95603  
(530) 886-3620

Free wellness screenings, physicals, immunizations, and vision, hearing, and laboratory tests for children .

[http://www.placer.ca.gov/Departments/hhs/community\\_health/cms/CHDP.aspx](http://www.placer.ca.gov/Departments/hhs/community_health/cms/CHDP.aspx) [See brochure in this section]

## **Healthy Families Medi-Cal Program**

Provides health, dental, and vision coverage to children who do not have insurance.

1-800-880-5305

<http://www.healthyfamilies.ca.gov>

## Child and Family Assistance Continued....

### **WellSpace Health – Birth and Beyond**

6015 Watt Ave, Ste 2

North Highlands, CA 95600

(916) 679-3925

Family supportive services for pregnant mothers and families with children 0-5 years old.

[http://www.wellspacehealth.org/birth\\_and\\_beyond.htm](http://www.wellspacehealth.org/birth_and_beyond.htm)

### **Lighthouse Counseling & Family Resource Center**

427 A St, Ste 400

Lincoln, CA 95648

(916) 645-3300

<http://lighthousefrc.com/>

### **W.I.C. Program (Women, Infants, and Children)**

Serves low income women, breast feeding or pregnant, and children.

#### **Placer County WIC Program**

11484 B Ave

Auburn CA 95603

(530) 889-7187 or 1-800-829-7199, ext 7187

[http://www.placer.ca.gov/Departments/hhs/community\\_health/WIC%20Program.aspx](http://www.placer.ca.gov/Departments/hhs/community_health/WIC%20Program.aspx)

#### **Sacramento County WIC Program**

(916) 876-5000

Clinic sites throughout the county; see list on website.

<http://www.dhhs.saccounty.net/PRI/WIC/Pages/CT-Contact-WIC.aspx>

#### **Access for Infants and Mothers – AIM Program**

1-800-433-2611

Offers low-cost health coverage for pregnant women and for middle-income families who don't have health insurance and whose income is too high for no-cost Medi-Cal. AIM is also available to women who have private health insurance plans with a maternity-only deductible or copayment greater than \$500.

<http://www.aim.ca.gov>

#### **Sierra Mental Wellness Group – Roseville**

333 Sunrise Ave, Ste 701

Roseville, CA 95661

(916) 783-5207

Provides professional and affordable individual, couple and family counseling; crisis services, child and adolescent programs, and substance abuse treatment and prevention.

<http://www.sierramentalwellness.org/>

#### **Roseville Recreation Education & Creativity (R.E.C.) Center**

313 High St

Roseville, CA 95678

(916) 789-7884

Serves the at-risk youth of North Roseville and their families by providing educational, recreational, and social services at NO COST in a positive atmosphere that allows disadvantaged children to reach their full potential.

<http://rosevillerec.org/>

## Child and Family Assistance Continued....

### **Kids in Roseville**

City of Roseville

Various locations

Offers huge selection of programs for youth, including sports, camps, classes, aquatics, day care, and preschool.

<http://www.roseville.ca.us/parks/kids/default.asp>

### **Adventure Club School-Age Childcare**

City of Roseville

Various locations

State licensed childcare centers, operated by Parks, Recreation and Library departments in conjunction with the Dry Creek and Roseville City School Districts – open to all elementary school age children.

[http://www.roseville.ca.us/parks/childcare\\_n\\_preschool/adventure\\_club\\_child\\_care.asp](http://www.roseville.ca.us/parks/childcare_n_preschool/adventure_club_child_care.asp)

### **Child Action, Inc.**

9800 Old Winery Place

Sacramento, CA 95827

(916) 369-0191

For **Sacramento County Residents Only**, provides child care resource and referral, child care subsidies, recruitment and training of child care professionals, and parent education and support.

<http://www.childaction.org/>

### **Placer County Office of Education – Early Childhood Education Services**

365 Nevada Street

Auburn, CA 95603

(530) 745-1380 or 1-800-464-3322

For **Placer County Residents Only**, facilitates parents' access to quality child care, and provides professional development opportunities and educational resources for family child care providers and teachers.

<http://www.placercoe.k12.ca.us>

### **Placer County Children's System of Care**

#### **Department of Health and Human Services**

3091 County Center Dr, #290

Auburn, CA 95603

(530) 886-1870

<http://www.placer.ca.gov/Departments/hhs.aspx>

### **Sutter Center for Psychiatry**

#### **Child & Adolescent Inpatient Services**

7700 Folsom Blvd

Sacramento, CA 95826

(916) 386-3000

<http://www.suttermedicalcenter.org/psychiatry/>

### **KidZKount – Placer Community Action Council, Inc.**

1166 High Street

Auburn, CA 95603

(530) 885-5437

Early Head Start centers in Loomis and Lincoln provide child care programs for low income families with children 0-5; comprehensive prenatal support and parent education to pregnant mothers, as well as health services to children and families. Also provides social services support to families.

<http://kidzkount.com/index.php>

## Child and Family Assistance Continued....

### **Beanstalk Center Based Programs**

3325 Myrtle Ave.

North Highlands, CA 95660

(916) 344-6259

Daily schedules offer opportunities for children to create, explore, learn concepts, problem solve, and work on muscle development. Provides care and services for infants and toddlers (newborn to 36 months) in licensed homes that contract with the Family Child Care Homes Education Network. Offers a variety of part day preschool programs that provide school readiness for children 3-5 years old or until entry into kindergarten.

<http://www.beanstalk.ws/>

### **Sierra Health Foundation**

1321 Garden Highway

Sacramento, CA 95833

(916) 922-4755

Respite Partnership Collaborative grantees offer respite support for community members who are experiencing mental health crisis in Sacramento County.

<http://www.sierrahealth.org/doc.aspx?10>



# Resources for Children and Adults with Special Needs

Resources and information for families with children/family members with special needs:

## **Alta California Regional Center**

Information, counseling, and referrals for those with development disabilities, autism, epilepsy, cerebral palsy.  
By appointment.

### **Roseville:**

1620 Santa Clara Drive, #100  
Roseville, CA 95661  
(916) 786-8110

### **Sacramento:**

2241 Harvard St, Ste 100  
Sacramento, CA 95815  
(916) 978-6400

<http://www.altaregional.org/>

## **California Department of Developmental Services**

(916) 654-1690

Coordinates services and support for those with developmental disabilities.

<https://dds.ca.gov/>

## **Learning Disabilities Associations**

Both associations listed below provide information and training to adults with learning disabilities and to parents of children with learning disabilities.

### **Northern California/East Bay Learning Disabilities Association of California**

(510) 638-5005 (Berkeley)

<http://nceblida.org/>

### **Learning Disabilities Association of California**

(949) 673-3612 (Newport Beach)

<http://www.ldaca.org/>

## **Placer County Selpa (Special Education Local Plan Area)**

(530) 886-5873

Supports specialized instruction and services for students, parents, fellow educators and the community.

<http://www.placercoe.k12.ca.us/StudentsAndParents/Pages/SELPA.aspx?dept=selpa>

## **Warmline Family Resource Center**

6960 Destiny Dr, Ste 106

Rocklin, CA 95677

(916) 632-2100

1-800-660-7995

Offers resources and support to families of children with special needs.

<http://www.warmlinefrc.org/>

## **PRIDE Industries Headquarters**

10030 Foothills Boulevard

Roseville, CA 95747

(916) 788-2100

Employs adults with disabilities.

<http://www.prideindustries.com/>

# Crisis Pregnancy Assistance and Adoption Resources

## **New Life Pregnancy Center**

5050 Rocklin Road, #A20

Rocklin, CA 95677

(916) 624-8990

Crisis pregnancy center. Pregnancy screening, post abortion counseling, housing help, parenting classes, etc.

## **Alternatives Pregnancy Center**

1111 Howe Ave, Ste 610

Sacramento, Ca 95825

(916) 880-4040

Call for help and assistance if you feel you might be pregnant and would like to talk with a counselor.

<http://www.pgtest.com>

## **Bethany Christian Services**

1-800-238-4269

Offers pregnancy and adoption counseling as well as adoption services.

<http://www.bethany.org/>

## **Family Connections Christian Adoptions**

1111 Howe Ave, Ste 660

Sacramento, CA 95825

(916) 568-5966

A licensed, non-profit, full service adoption agency.

<http://www.fcadoptions.org/>

**Heartfelt Adoption** (916) 362-2300

<http://www.heartfeltadoption.com/>

**Triad Family Services**, a Foster family agency

1-866-487-4235

<http://www.triadfs.org>

## **Lilliput Children Services**

(916) 923-5444

Nonprofit agency offering adoption, post adoption, kinship, and foster care services.

<http://www.lilliput.org/>

## **Koinonia Family Services**

1-877-244-5374

Nonprofit licensed foster, adoption, and support agency.

<http://www.kfh.org/>

## **Sierra Forever Families**

(916) 368-5114 – Sacramento County

(530) 887-9982 – Placer County

Foster and adoption agency. Offers resources and supports to parents/adoptive parents.

<http://www.sierraff.org>

# Domestic Violence Help

## **Peace for Families**

700 Sunrise Ave, # N  
Roseville, CA 95661  
(916) 773-7273

Provides a safe and caring environment free from violence and abuse. Services include an emergency safe house, emergency food, clothing and transportation; an outpatient recovery and transitional housing program, and individual and family therapy/counseling.

<http://www.peaceforfamilies.org/>

## **Domestic Violence Intervention Center**

6060 Sunrise Vista Dr, Ste 2240  
Citrus Heights, CA 95610  
(916) 728-7210 – 24-Hour Crisis Line  
(916) 728-5613 – Office

Helps victims of domestic violence and their children become survivors.

<http://www.dvinterventioncenter.org/>

## **W.E.A.V.E (Women Escaping a Violent Environment)**

(916) 920-2952 – Support and Information Line  
(916) 448-2321 – Office

Provides services to women, men, and children who have experienced domestic violence or have been sexually assaulted.

<http://www.weaveinc.org/>

## **KidsFirst Roseville**

124 Main Street  
Roseville, CA 95678  
(916) 774- 6802

## **KidsFirst Citrus Heights**

6939 Sunrise Blvd, #227  
Citrus Heights, CA 95610  
(916) 705-7378

## **KidsFirst Auburn**

11990 Heritage Oak Pl, Ste 1B  
Auburn, CA 95603  
(530) 887-3536

Intervention and treatment services for children and families.

<http://kidsfirstnow.org/>

## **Sacramento Valley Teen Challenge – Christian Helpline and Referral Service**

(530) 751-9511 – help for women; (916) 443-3049 – help for men, (530) 357-2772 in the North State area.  
Crisis counseling, evangelistic outreach, inmate reentry program, and other services.

<https://www.teenchallenge.ws/>

## **Crisis and Emergency Services for Children and Adults – Placer County**

Adult Protective Services: (916) 787-8860 or toll free 1-888-886-5401

Family and Children's Services: (916) 872-6549 or toll free 1-866-293-1940

A telephone call can bring help in a crisis. For at-risk children and/or adults in emergencies and crises situations, a special 24-hour, 7-day a week, response program is available by contacting one of the telephone numbers listed above.

## **The Center for Violence – Free Relationships**

(530) 626-1131 or (916) 939-6616 – 24-Hour Crisis Help Line  
(530) 626-1450 or (916) 939-4464 – Office

Provides an array of services for victims of sexual assault and domestic violence.

<http://thecenternow.org/>

## Substance/Alcohol Abuse Programs

<u>Al- Anon</u>	<a href="http://al-anon.org/">http://al-anon.org/</a>	1-888-4AL-ANON (1-888-425-2666)
<u>Alano Club</u>	<a href="http://alanoclubs.com/">http://alanoclubs.com/</a>	(916) 781-2763
<u>Alpha Oaks Recovery for Women</u>	<a href="http://alphaoaks.com/">http://alphaoaks.com/</a>	(916) 944-3920
<u>CA Drug &amp; Alcohol Resource Program</u>	<a href="http://www.adp.cahwnet.gov/">http://www.adp.cahwnet.gov/</a>	(916) 327-3728 (1-800- 879-2772)
<u>Central CA Fellowship of AA</u>	<a href="http://www.aasacramento.org/">http://www.aasacramento.org/</a>	(916) 454-1771
<u>Clean &amp; Sober Homeless Recovery</u>	<a href="http://www.cleanandsobehrc.org/">http://www.cleanandsobehrc.org/</a>	(916) 498- 0331
<u>Gateway Recovery House for Women</u>	<a href="http://gatewayforwomen.org/">http://gatewayforwomen.org/</a>	(916) 451- 9312
<u>Community Recovery Resources (CoRR)</u>	<a href="http://www.corr.us/">http://www.corr.us/</a>	1-855-467-3496
<u>Full Circle Treatment Center</u>	<a href="http://fullcircletreatmentcenter.org/">http://fullcircletreatmentcenter.org/</a>	(916) 787-HELP (4357)
<u>Mercy Ministries for Women</u>	<a href="http://www.mercyministries.org/">http://www.mercyministries.org/</a>	(615) 831- 6987
<u>Mi Casa Recovery for Men</u>	<a href="http://maap.org">http://maap.org</a>	(916) 394-2323
<u>National Council on Alcoholism &amp; Drug Dependence</u>	<a href="http://ncadd.org/">http://ncadd.org/</a>	(916) 922- 9217
<u>New Dawn Treatment Centers</u>	<a href="http://newdawnreatmentcenters.com/">http://newdawnreatmentcenters.com/</a>	1-866-969-4300
<u>New Directions Counseling</u>	<a href="http://newdirectionsca.com">http://newdirectionsca.com</a>	(916) 966-4523
<u>New Leaf Counseling Service</u>	1254 High St, Auburn, CA 95603	(530) 889- 9195
<u>River City Recovery Center</u>	<a href="http://rivercityrecovery.org/">http://rivercityrecovery.org/</a>	(916) 442- 3979
<u>Sacramento Fellowship of Narcotics Anonymous</u>	<a href="http://www.sacfna.org/">http://www.sacfna.org/</a>	1-877-NA3-6363
<u>Sacramento Valley Teen Challenge</u>	<a href="https://www.teenchallenge.ws/">https://www.teenchallenge.ws/</a>	
(530) 751-9511 – help for women; (916) 443-3049 – help for men; (530) 357-2772 in the North State area.		
<u>Union Gospel Mission</u>	<a href="http://www.ugmsac.com/">http://www.ugmsac.com/</a>	(916) 447-3268
<u>WellSpace Health Multi-Service Center</u>	<a href="http://www.wellspacehealth.org/addictions_counseling.htm">http://www.wellspacehealth.org/addictions_counseling.htm</a>	(916) 679-3925

# Suicide Prevention

1-800-784-2433

<http://suicidehotlines.com/>

*“I just wasn’t sure my friend was showing all of the signs to be at risk!”*

## **Suicide Warning Signs:**

- Threatening to hurt or kill oneself or talking about wanting to hurt or kill oneself.
- Looking for ways to kill oneself by seeking access to firearms, available pill, or other means.
- Talking or writing about death, dying, or suicide.
- Feeling hopeless.
- Feeling rage or uncontrolled anger, or seeking revenge.
- Acting reckless or engaging in risky activities.
- Feeling trapped like there is no way out.
- Increasing alcohol or drug use.
- Withdrawing from friends, family, and society.
- Feeling anxious or agitated, unable to sleep or sleeping all of the time.
- Experiencing dramatic mood changes.
- Seeing no reason for living or having no sense of purpose in life.

## **How you can help:**

- Listening to them with sincere concern for their feelings. Do NOT offer advice but let them know that they are not alone.
- Sharing your feelings with them. If you feel that they may make a reckless decision, tell them that you are concerned. They need to know that they are important to you and that you care.
- Inquiring if they have had suicidal thoughts or if they have made a suicide plan in a straightforward and caring manner. If you feel you cannot ask the question, find someone who can.
- Call the Suicide Prevention Lifeline for more advice if needed.
- If they are serious and suicidal, call 9-1-1.

## **Local Agency Suicide Support and Prevention:**

Auburn: (530) 885-2300

Lincoln: (916) 645- 8866

Roseville: (916) 733- 3111

Sacramento: (916) 368-3111

# Senior Citizen Assistance

## **Eskaton Home Support Network** – (916) 334-1072

Provides a comprehensive range of programs and services for older adults who are aging-in-place – at home.  
<http://www.eskaton.org/home-support-network.html>

## **Seniors First** – 1-800-878-9222

Provides donation-based programs and services, including transportation, that keep Placer County seniors safe, in their homes and independent for as long as possible.  
<http://seniorsfirst.org/>

### **Meals on Wheels**

**Placer County** - coordinated through **Seniors First** – 1-800-878-9222, ext. 206

**Sacramento, Placer, and other foothills counties – Area 4 Agency on Aging** – (916) 486-1876  
Delivers a nutritious noon meal weekdays to homebound seniors.

### **Senior's First Cafés**

Roseville, Maidu – (916) 622-8524

Rocklin – (916) 622-1295

Lincoln – (916) 316-1422

Dewitt, Auburn – (530) 889-9500

Adults 65+ \$5.00 suggested donation.

**Handyperson Program** – provided through City of Roseville and coordinated through **Seniors First** –  
1-800-878-9222 x205

Health and safety repairs to the home.

## **Senior Companion Program** – (916) 875-3622

Visits Sacramento County seniors in their homes offering transportation to medical appointments, shopping, respite care, bill paying, etc.

## **Seniors Home Care** – (530) 885-3904

Companion services, meals, medication, reading, paying bills, housekeeping, pet care, transportation, etc.  
<http://www.seniorshomecareservices.com/homehelp/auburn/CA>

## **Personalized Homecare and Homemaker Agency** – (916) 979-4975

Providing bed baths, shaving, dressing, linen change, laundry, meals, housecleaning, shopping, companionship.  
<http://www.personalizedhomecare.com/>

## **Placer County Adult System of Care** – (916) 787-8800 or (530) 889-7240

Works with local agencies to provide a range of services for adults and older adults, including medical and in-home services.

## **Recreation & Respite Program, Sutter Health Sacramento Sierra Region** - (916) 781-1559

Offers activities for seniors while giving their caregivers the opportunity to spend a few hours pursuing their own interests.

## **Alzheimer's Association 24/7 Helpline** – 1-800- 272-3900

Provides reliable information and support to all those who need assistance.  
[http://www.alz.org/we\\_can\\_help\\_24\\_7\\_helpline.asp](http://www.alz.org/we_can_help_24_7_helpline.asp)

## **In Home Supportive Services** – (916) 787-8860

IHSS allows limited income elderly, blind, or disabled people to hire someone to help them with housework, meal preparation, and personal care.

## **Visiting Angels** 1-800-365-4189

# Financial Counseling

## **Crown Financial Ministries**

Kim Rommereim  
(559) 434-5077  
<http://crown.org/>

## **Financial Disciplines**

Pamela Christiansen  
313 Judah St  
Roseville, CA 95678  
(916) 787-4541

## **Cornerstone Financial Partners**

2530 Douglas Blvd., Ste 170  
Roseville, Ca 95661  
<http://www.cornerstonefinancialpartners.com>

**Alternatives to foreclosure:** [http://portal.hud.gov/hudportal/HUD?src=/topics/avoiding\\_foreclosure](http://portal.hud.gov/hudportal/HUD?src=/topics/avoiding_foreclosure)

**Advice for business owners:** [www.sba.gov](http://www.sba.gov)

**IRS Small Business and Self- Employed Tax Center:**

<http://www.irs.gov/Businesses/Small-Businesses-&-Self-Employed>

**Bridgeway also offers low/no cost Budget Coaching and Crown Financial groups.**

**Call Virginia Edwards at (916) 786-7881 or email her at [tvedwards@surewest.net](mailto:tvedwards@surewest.net) for more information.**

# Legal Assistance and Legal Services

## **Legal Services of Northern California**

517 – 12<sup>th</sup> St

Sacramento, CA 95814

(916) 551-2150

or

190 Reamer St

Auburn, CA 95603

(530) 823-7560

Non profit law firms in California can provide free legal assistance to low and moderate income families and individuals, senior citizens, and the disabled with a wide variety of legal problems. Lawyers can also offer free representation and further advice on cases.

## **Placer County Legal Help Center**

Bill Santucci Justice Center Courthouse

10820 Justice Center Dr

Roseville, CA 95678

(916) 408-6446

Legal Help Center provides free legal and procedural information and assistance with court forms, but it does not represent customers in court. Its services are not confidential and it assists both sides of the case equally. It provides in-person assistance at clinics and workshops.

## **Placer Dispute Resolution Service**

(916) 645-9260

Offers facilitative, interest based mediation services.

<http://www.pdrs.org/>

## **Placer County Bar Association**

<http://placerbar.org/>

## **Sacramento County Bar Association**

### **Lawyer Referral Service**

(916) 564-6707

For \$50, you can receive a 30 minute consultation with the right lawyer for your legal problem. During your consultation, you can discuss the lawyer's fees for further handling your legal matter.

<http://sacbarlawyer.org/>

## **Child Advocates of Placer County**

11641 Blocker Dr, Ste 220

Auburn, CA 95603

(530) 887-1006

## **Supportkids - Child Support Assistance**

(800) 691-5437

Helps collect child support payments nationwide.

[www.supportkids.com](http://www.supportkids.com)



# Adult Education and Job Training Programs

## **Roseville Adult School**

200 Branstetter St  
Roseville, CA 95678  
(916) 782-3952  
<http://ras.rjuhsd.k12.ca.us>

## **Placer School For Adults**

390 Finley St  
Auburn, CA 95603  
(530) 885-8585  
<http://placeronline.org/>

## **Sacramento City Unified Adult Education Office**

5735 – 47th Av  
Sacramento, CA 95819  
(916) 277-6223

## **San Juan Unified School District Adult Education**

### **Orange Grove Adult School**

(For Adults with Disabilities)  
4640 Orange Grove Ave  
Sacramento, CA 95841  
(916) 971-7399

### **Sunrise Tech Center**

7322 Sunrise Blvd  
Citrus Heights, CA 95610  
(916) 971-7654

<http://www.sanjuan.edu/departments.cfm?subpage=8285>

## **Center Adult School**

3401 Scotland Dr  
Antelope, CA 95843 (916) 338-6387  
<http://www.centerusd.k12.ca.us/centeradultschool/>

## **All About the GED: California**

[http://education-portal.com/articles/All\\_About\\_the\\_GED\\_California.html](http://education-portal.com/articles/All_About_the_GED_California.html)

# Job Placement Assistance

## **CalJOBS**

### **Employment Development Department**

800 Capitol Mall, MIC 83  
Sacramento, CA 95814

<https://www.caljobs.ca.gov/vosnet/Default.aspx>

### **Connections One-Stop Roseville (EDD)**

115 Ascot Dr, Ste 180  
Roseville, CA 95661  
(916) 865-2440

### **Auburn Connections (EDD)**

1919 Grass Valley Hwy, Ste 100  
Auburn, CA 95603  
(530) 823-4631

<https://www.connectioncenters.com/>

### **Citrus Heights Sacramento Works Career Center (EDD)**

7011 Sylvan Rd  
Citrus Heights, CA 95610  
(916) 676-2540

<http://sacramentoworks.org/venue/citrus-heights-career-center/>

### **Sacramento Works, Hillsdale Career Center (EDD)**

5655 Hillsdale Blvd, #8  
Sacramento, CA 95842

<http://sacramentoworks.org/venue/hillsdale-career-center/>

### **Pacific Staffing**

855 Howe Ave, #4  
Sacramento, CA 95825  
(916) 925-2300

<http://pacificstaffing.com/>

### **Accountemps**

2180 Harvard St, Ste 250  
Sacramento, CA 95815  
(916) 922-4480

<http://www.accountemps.com/>

### **Volt Workforce Solutions**

3007 Douglas Blvd, Ste 155  
Roseville, CA 95661  
(916) 724-1550

<http://volt.com/>

### **AppleOne**

1850 Douglas Blvd  
Roseville, CA 95661  
(916) 782-0632

<http://appleone.com/>

**Job Placement Assistance Continued . . . .**

**Certified Employment Group**

1380 Lead Hill Blvd, Ste 205

Roseville, CA 95661

(916) 771-6886

<http://www.certifiedemployment.com/>

**Dynamic Staffing, Inc.**

920 Reserve Dr, #150

Roseville, CA 95747 (916) 773-

3900

<http://www.dynamicstaffing.com/>

**Express Employment Professionals**

10002 Foothills Blvd, Ste 100

Roseville, CA 95678 (916) 781-

0177

<http://rosevilleca.expresspros.com/>

# Funeral, Bereavement, and Victims Resources

## **PLACER COUNTY FUNERAL HOMES**

<http://www.the-funeral-home-directory.com/FuneralHomesbyCounty/California-Sacramento.ashx>

## **SACRAMENTO COUNTY FUNERAL HOMES**

<http://funerals.funeralfacility.com/county/CA/PlacerCounty.html>

## **BEREAVEMENT RESOURCE DIRECTORIES**

[http://griefhelpsacramento.com/GENERAL\\_BEREAVEMENT.html](http://griefhelpsacramento.com/GENERAL_BEREAVEMENT.html)

<http://placer.networkofcare.org/veterans/services/subcategory.aspx?tax=PN-8100.1000>

### **Friends For Survival, Inc.**

P.O. Box 214463

Sacramento, CA 95821

(916) 392-0664

**National Help Line: 1-800-646-7322**

Help after a suicide death.

<http://www.friendsforsurvival.org/>

### **Sharing Parents Pregnancy & Infant Loss Support Group**

**Mercy Women's Center** (meeting location)

650 Howe Ave, Ste #530

Sacramento, CA 95825

(916) 424-5150

Volunteer support group of parents who have experienced death of their baby(ies) – conception through infancy.

<http://sharingparents.org/>

### **California Victim Services**

**CalVCP Helpline: 1-800-777-9229**

May be able to provide needed compensation to help cover treatment and other support services for victims and their families.

<http://www.vcgcb.ca.gov/victims/>

# Refugee Resources

**World Relief**

**Phone: 916-978-2650**

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